

QUICK GUIDE TO FAMILY RESOURCES CULPEPER COUNTY

PIEDMONT UNITED WAY INC. FIRST CALL FOR HELP INFORMATION & REFERRAL 540-825-7569 or Dial 211

<u>Adult Care Residence</u>		<u>CULP Co. Dept. of Social Svcs.</u>	<u>727-0372</u>	<u>Family Planning</u>	
Amerisist	825-4500	Adult Protective Services		Culpeper Health Department	829-7350
Culpeper Baptist Retirement Community	825-2411	Child Protective Services			
Meadowbrook Residential Care	547-2333	Clothing & Food Vouchers		<u>Family Support-Infants/Parenting Classes</u>	
		Companion Services		Families First	829-2065
		Disability Services			
<u>Adult Day Care</u>		FAMIS- Health Insurance for Children		<u>Financial Assistance</u>	
Daybreak	727-7073	Financial Assistance		Helping Hand	825-7434
RRCBSB-Adult Day Care***	825-3100	Food Stamps			
Vision/Formerly Laurel House	825-3366	Foster Care			
		Medicaid		<u>Food Services</u>	
<u>Adult Education/Basic/GED</u>		TANF-Temporary Aid to Needy Families		St Stephens Episcopal Church Pantry	825-1177
Culpeper Literacy	825-5804	Utility Assistance		RRCBSB-Meals for the Elderly***	825-3100
Germanna Community College	937-2900	Volunteer Emergency Foster Care		Senior Nutrition Site	825-5778
Regional Adult Education for PD 9	825-0476				
<u>Advocacy</u>		<u>Clothing & Furniture</u>		<u>Health Care</u>	
Victim/Witness Assistance Program	727-3413	Culp Reg Hosp Auxiliary Thrift Shop	825-7523	American Cancer Society	800-227-2345
		Culpeper Baptist Church- Clothing	825-8192	American Heart Association- Culpeper	667-2315
<u>Alcohol & Drug Abuse</u>		First Call For Help-Vouchers	825-7569	American Red Cross (CPR Training)	825-8611
RRCBSB-Boxwood Treatment Center ***	547-2760	Full Circle Thrift (both)	727-8716	Central Western Alzheimers Assoc.	800-272-3900
Culpeper Al-Anon	825-2719	Goodwill	829-8068	Culpeper American Heart Assn	825-0397
RRCBSB-Family Guidance***	825-5656			Culpeper Baptist Retirement Community	825-2411
VA Alcohol Safety Action Program	825-7359	<u>Culpeper Crisis Hot Lines</u>		Culpeper Free Clinic	825-2252
		American Red Cross Culpeper	825-8611	Culpeper Health Care Center	825-2884
<u>Assistive Devices/Technology</u>		Culpeper Pregnancy Center	727-0400	Culpeper Health Dept. (health & dental)	829-7350
Driver Improvement Clinic	825-2544	Services to Abused Families	825-8891	Culpeper Regional Hospital, Inc.	829-4100
Virginia Department of Rehabilitative Svcs	829-7360			FamilyCare Home Health & Hospice Care	825-2273
Veterans of Foreign Wars	825-1910	<u>Disability Services</u>		DaVita Dialysis Center	825-9332
		Social Security	877-531-4694	Hospice of the Rapidan, Inc.	825-4840
<u>Budget Counseling</u>		disAbility Center	540-373-2559	Teen Clinic	829-7350
Culpeper Community Development Corp	825-7434	Special Olympics, Inc. Virginia Area 17	948-3351		
		Virginia Handi-Ride Inc	547-3311	<u>Hospice</u>	
<u>CODA, Co-Depend/Alcoholics</u>		Vision/Formerly Laurel House	825-3366	Hospice of the Rapidan, Inc.	825-4840
RRCBSB-Alternatives, The Woman's Program***	825-3100			FamilyCare Home Health & Hospice Care	825-2273
RRCBSB-Boxwood Treatment Center ***	547-2760				
<u>Camp/Clubs</u>		<u>Domestic Violence/ Abuse</u>		<u>Hotlines</u>	
Boys & Girls Club	727-8025	Sevices to Abused Families (SAFE)	825-8876	AIDS & HIV	1-800-533-4148
VA Camp Happyland	727-8025	Crime Victim Assistance Program	727-3413	Cancer Information Center	1-800-227-2345
Youth 4-H Clubs	727-3435			Center for Disease Control, AIDS & HIV	1-800-232-4636
		<u>Emergency Medical Care</u>		Child Abuse & Neglect	1-800-552-7096
<u>Child Abuse & Neglect</u>		Culpeper Regional Hospital	829-4100	Cocaine Helpline	1-800-662-HELP
Alice C. Tyler Village of Childhelp	399-1926	RRCBSB-Psychological Evaluation***	825-3100	Domestic Violence	1-800-838-8238
Culpeper County DSS*	727-0372	Rapp Rapidan Emergency Medical Svcs, Inc	373-0249	Narcotics Anonymous	1-800-777-1515
		Emergency Services	911	National Suicide Prevention Lifeline	1-800-273-TALK
<u>Child Care Center</u>		<u>Employment & Career Services</u>		Poison Control Center	1-800-222-1222
CHS Headstart	829-2330	Culpeper Career Resource Center	727-1055	Runaway Hotline	1-800-786-2929
Culpeper Baptist Church Child Dev. Ctr.	825-9798	Virginia Department of Rehabilitative Svcs	829-7360	Virginia Missing Children Hotline	1-800-843-5678
Early Learning Center	829-4142	Virginia Employment Commission	829-7430	Youth Crisis Hotline	1-800-448-4663
Epiphany Catholic Preschool	825-9017				
Heritage Child Development Center	825-6420				
St. Luke's Lutheran School	825-8358				
<u>Children Services</u>		<u>Family Counseling</u>			
Public School Svcs	825-3677	Mental Health Outpatient Clinic	825-5656		
Juvenile Court Services- <u>Custody</u>	727-3418				
RRCBSB-Parent-Infant Education***	825-3100				
Culpeper Pregnancy Center- <u>Diapers</u>	727-0400				
Car seats-Culpeper Health Dept.	829-7350				
Salvation Army Boys & Girls Club	727-8025				

PREPARED AND DISTRUBUTED BY PIEDMONT UNITED WAY INC.

<u>Housing & Housing Financial Assistance</u>		<u>Tourist Information</u>	
Culpeper Community Development Corp	825-7434	Chamber of Commerce & Visitors Center	825-8628
Culpeper Habitat for Humanity Culpeper Chap	825-8005		
RRCBSB- Supervised Apartment Program***	825-3100	<u>Transportation</u>	

QUICK GUIDE TO FAMILY RESOURCES CULPEPER COUNTY

PIEDMONT UNITED WAY INC. FIRST CALL FOR HELP INFORMATION & REFERRAL 540-825-7569 or Dial 211

USDA Rural Development PD 9	825-4200	Culpeper Transient Assistance Fund	727-0372
		RRCSB Transit Svcs***	825-6494
		Culpeper Connector	829-0505
		Virginia Handi-Ride Inc	547-9311

Insurance

Social Security Administration- Medicare	877-531-4694
Veterans Claims Office	1-703-630-2811
VA Employment Commission- Unemployment	829-7430
VICAP & MAP	825-3100

Utility Assistance

Helping Hand	825-7434
--------------	----------

Law Enforcement

Culpeper County Sheriff's Office	727-7520
Culpeper Town Police Department	727-3430
Virginia State Police - Culpeper	829-7401

Veterans

Veterans Claims Office	703-630-2811
Veterans of Foreign Wars	825-1910

Legal Advice/Representation

Rappahannock Legal Services, Inc.	866-534-5243
-----------------------------------	--------------

Visitors Services

Culpeper Transient Assistance Fund	727-3422
------------------------------------	----------

Library

Culpeper County Library	825-8691
-------------------------	----------

VA Cooperative Extension Culpeper

Agriculture Production	727-3435
Debt Analysis	
Food Safety	
Home Horticulture	
Master Gardeners	
Money Management	
Nutrition Ed & Classes	
Parenting Skills Training	
4-H Clubs Youth Development	

*****Rappahannock Rapidan Community Services Board = RRCSB**

Licensing

Virginia Division of Motor Vehicles	800-435-5137
-------------------------------------	--------------

Literacy

Culpeper Literacy Council	825-5804
---------------------------	----------

Local Government

Culpeper County	727-3427
Rappahannock Rapidan Regional Comm	829-7450
Town of Culpeper	829-8250

Vocational Rehabilitation

Virginia Department of Rehabilitative Svcs	829-7360
--	----------

Physical Therapy

Powell Wellness Center	829-4162
------------------------	----------

Volunteer Opportunities

Piedmont Volunteer Center	825-0317
RSVP-Retired Senior Volunteer Program	825-3100

Physician Referrals

Physician Referral	866-693-3627
--------------------	--------------

Websites

- www.aging.state.va.us (VA Dept. for Aging)
- www.dss.state.va.us (VA Dept. of Social Services)
- www.medicare.org
- www.nia.nih.gov (National Institute on Aging)
- www.oag.state.va.us- State Attorney General
- www.ssa.gov (Social Security)
- www.seniornavigator.com
- www.vdh.state.va.us (VA Dept. of Health)

Pregnancy Testing & Counseling

Culpeper County Health Dept.	829-7350
Culpeper Pregnancy Center	727-0400

Rental Assistance

Culpeper Community Development Corp	825-7434
-------------------------------------	----------

Support Groups

Al-Anon	825-2719
Alcoholics Anonymous	1-800-835-6130
Alzheimer's Association	1-888-809-7383
Culpeper American Heart Assn.	800-242-8721
Culpeper Crime Victim Assistance Program	727-3413
Diabetes Support Group	829-4254
FamilyCare Home Health & Hospice Care	825-2273
HIV/Aids Support Group	371-7532
Hospice of the Rapidan, Inc.	825-4840
Narcotics Anonymous	804-979-8298
RRCSB-Family Guidance***	825-5656
Services to Abused Families	825-8876

This guide is a working document and is updated on a regular basis. It is not an all-inclusive list, nor does it list all of the services provided by an agency.

Last Revision- 01/26/2010